



St. Theresa Catholic Church

Lenten Retreat

Deeper Conversion and Discipleship

Saturday, March 13, 2021

- 8:30 AM Mass (followed by Rosary and Light Breakfast)
- 9:30 AM Reflection by Deacon Renzette
- 10:15 AM Quiet Prayer and Meditation with Music
- 11:00 AM Reflection by Deacon Noah
- 11:45 AM Closing Prayer

second reflection will begin at 11:00 AM.

Proudly sponsored by the Knights of Columbus - St. Louis Martin Council 15256

The :



Seven Pillars of Discipleship



Problem	Solution (Pillar)	Rule of Life (Friendship with Jesus Christ)
Me	Christ	Jesus Prayer/Morning offering/Prayer of Self-Dedication to Jesus Christ
Mind	Word	Daily readings/Lectio Divina
Soul	Sacrament	Mass/Confession/Marriage
Heart	Prayer	Rosary/Adoration/Liturgy of the Hours
Will	Obedience	Daily Examin/Discern Spirits
Family	Communio	Mass/Meals/KoC/LoM/WWP/Parish Clubs
World	Evangelization	St. Paul Street Evangelization/Witness

