



THE ST. LUCY PROJECT

Feeding the Hungry, Nourishing the Soul



List of items needed

Priority:

Snacks (small boxes or individually wrapped)

White sugar

Masa (corn) Flour

Other Items:

Canned:

- *Meats/Fish (spam, salmon, sardines – no tuna)*
- *Green beans & other Veggies*
- *Meals (stew, chili, etc.)*
- *Fruit*
- *Tomato products (no glass)*
- *Beans (pinto, baked, etc.)*

Almond milk (shelf stable)

Cooking Oil

Rice (1-3lb bags)

Ramen

Mac&Cheese

Pancake Mix

Pancake Syrup

Jelly

Reusable Grocery bags (no plastics – new or gently used)